

Traditional Knowledge of Medicinal Herbs of Gondia District for Beauty Care: An Ethno-Botanical Survey

Tulsidas Nimbekar^{1*}, Ajay Dongarwar², Damodar Goupale³

¹Bijraoji Karanjekar College of Pharmacy, Sakoli, Dist. Bhandara, Maharashtra-441802, India

²Manoharbai Patel Institute of B. Pharmacy, Gondia (M.S.)-441614, India

³Anurag College of Pharmacy, Warthi, Bhandara (M.S.) India

DOI: 10.36348/sjmps.2020.v06i06.002

Received: 23.05.2020 | Accepted: 31.05.2020 | Published: 14.06.2020

*Corresponding author: Tulsidas Nimbekar

Abstract

Traditional herbal drugs have recently been receiving all over the world. The forest region of Gondia district is harbours plenty of medicinal plants along with other flora and fauna. The ethnic communities mostly depend upon herbal medicines for healing their ailments. The study was done through structural questionnaires in consultation with the tribal practitioners. Herbs and spices have been used in maintaining and enhancing human beauty since time immemorial. Indian women have long used herbs for skin care and natural oils to perfume their bodies. Not too long ago, elaborate herbal beauty treatments were carried out in the royal places of India to heighten sensual appeal and maintain general hygiene.

Keywords: Traditional Gondia Ethno-Botanical.

Copyright @ 2020: This is an open-access article distributed under the terms of the Creative Commons Attribution license which permits unrestricted use, distribution, and reproduction in any medium for non-commercial use (NonCommercial, or CC-BY-NC) provided the original author and source are credited.

INTRODUCTION

Biodiversity is the basis of human survival and economic well-being and constitutes the resources upon which families, communities and future generation depends. Gondia district in maharashtra is extremely rich in medicinal plant diversity distributed in different geographical and environmental conditions and associated tribal and folk knowledge systems. In

Ayurvedic literature there are records of number of herbs, which promote growth of hair, keep them soft and silky and do not allow them to turn grey at an early stage. Below is a partial list of herbs with cosmetic applications and their availability in tribal area of Gondia district. These selected Herbs are based on experiences rather than experimental investigation.

Botanical name	Common name	Part used	Uses
<i>Acacia concinna</i> DC. (Mimosaceae)	Shikakai	Pods	Cleansing agent, Detergent, Promote hair growth and prevent hair splitting, falling and dandruff
<i>Acacia nilotica</i> (L.) Del. Leguminosae	Babul	Bark	Teeth disorders
<i>Allium cepa</i> (L.) Liliaceae	Kanda	Bulb Juice	Raw bulb juice. Antimicrobial due to flavonoid content
<i>Acorus calamus</i> L. Araceae	Vekhand	Rhizomes	Paste is applied on the cuts and wounds, dusting powder & lotions
<i>Allium sativum</i> (L.) Liliaceae	Lahsun	Bulb	Skin healing & antibacterial
<i>Aloe vera</i> (L.) Liliaceae	Kumari	Leaf	Burns, cuts, Hair falling, emollient & sunburn.
<i>Alpinia galangal</i> Zingiberaceae	Kulanjan	Rhizomes	Aromatic & Dusting powder
<i>Apis mellifica</i> Apidae	Madh	Honey	Diluent & glowing of skin
<i>Arachis hypogea</i> Leguminosae	Moong Phalli	Seed	Emollient & Skin dryness
<i>Azadirachta indica</i> A. Juss Meliaceae	Kadu Neem	Leaf	Antiseptic, reduces dark spots, antibacterial & blood purifier
<i>Bacopa monnieri</i> (L.) Scrophularaceae	Bramhi	Whole Plant	Hair growth, good for sleep & shampoos
<i>Beta vulgaris</i> Amaranthaceae	Beet	Roots	Colour dye for hairs



Ashu
Officiating Principal
 Bajraoji Karanjekar
 College of Pharmacy, Sakoli