

Formulation and evaluation of herbal face pack for glowing skinAvinash O. Maske^{*1}, Manisha Pandhare¹, Ashwin D. Wanjari²¹Department of Pharmaceutical Chemistry, Bajiraoji Karanjekar College of Pharmacy Sakoli Distt. Bhandara (M.S.) India²Assistant Professor, Department of Pharmacology, Bajiraoji Karanjekar College of Pharmacy Sakoli Distt. Bhandara (M.S.) India**Abstract**

The aim of this work is to formulate and evaluate an herbal face pack for glowing skin by using natural herbal ingredients. The natural herbal ingredients such as multani mitti, turmeric, sandalwood, saffron, milk powder, rice flour, orange peel were purchased from local market in the form of dried powder. The powder of banana peel was prepared by shade drying commercially, all powdered natural ingredients were sieved using #120 mesh, weighed accurately and mixed geometrically for uniform formulation and then evaluated for parameters including morphological, physicochemical, physical, phytochemical, irritancy along with stability examination. Thus, in the present work, we formulated a herbal face pack which can be easily made with the easily available ingredients. After evaluation, we found good properties for the face packs, free from skin irritation and maintained its consistency even after stability storage conditions. Results of the study scientifically verified that herbal face pack having enough potential to give efficient glowing effect on skin. The overall study is useful to substantiate product claims due its useful benefits on the human beings.

Keywords: Skin, Herbal face pack, Formulation, Evaluation.***Correspondence Info:**

Mr. Avinash O. Maske
Department of Pharmaceutical Chemistry,
Bajiraoji Karanjekar College of Pharmacy Sakoli
Distt. Bhandara (M.S.) India

***Article History:**

Received: 18/04/2019
Revised: 22/05/2019
Accepted: 01/06/2019
DOI: <https://doi.org/10.7439/ijap.v8i1.5184>

QR Code

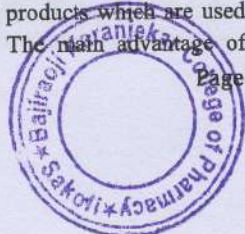
How to cite: Maske A.O, Pandhare M, Wanjari A. D. Formulation and evaluation of herbal face pack for glowing skin. *International Journal of Advances in Pharmaceutics* 2019; 08(01): e5184. DOI: 10.7439/ijap.v8i1.5184
Available from: <https://ssjournals.com/index.php/ijap/article/view/5184>

Copyright (c) 2019 International Journal of Advances in Pharmaceutics. This work is licensed under a [Creative Commons Attribution 4.0 International License](https://creativecommons.org/licenses/by/4.0/)

1. Introduction

Since the ancient era, people are aware of the use of plants for the essential needs of a healthy and beautiful skin. Cosmetics are products used to clean, beautify and promote attractive appearance [1]. Skin of the face is the major part of the body, which is a mirror, reflecting the health of an individual. A balanced nutrition containing amino acids, lipids and carbohydrates are required for the skin to keep it clear, glossy and healthy. In ancient times, women were very conscious about their beauty and took special care of their specific skin types.[2] Even today, people especially in rural areas, and hilly regions go for the natural remedies like plants extracts for various cosmetics purposes like neem, aloe vera, tulsi, orange peel, rose etc. Herbal cosmetics are the products which are used to purify and beautify the skin. The main advantage of IJAP (2019) 08 (01)

using herbal cosmetic is that it is pure and does not have any side effects on the human body. People have rough skin and when they don't take sufficient care, then the skin turns dark due to overexposure to the sun, other pollutants etc.[3] In this article we have formulated herbal face pack to whiten, lighten and brighten the skin naturally for men and women. This face pack has natural skin lightening property and can be easily prepared at home.[4] Face packs with natural constituents are rich in vital vitamins that are essential for the health and glow of the skin. These substances have been proven to be beneficial for skin in many ways. Natural facial packs are easy to use. They increase the circulation of the blood within the veins of the face, thereby increasing the liveliness of the skin. [5] A good herbal face pack must supply necessary nutrients to the skin, available in the form of free-flowing powder

www.ssjournals.com

Page 1 of 5
Ashwin D. Wanjari
Officialing Principal
Bajiraoji Karanjekar
College of Pharmacy, Sakoli