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PREPARATION AND EVALUATION OF POLYHERBAL FACE PACK

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ABSTRACT

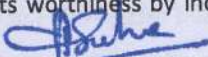
Due to increased pollution, allergy, microbe's etc. human skin has become more sensitive and prone to faster aging. An attempt has been made to prepare an herbal face pack ideal for all skin types. The four different formulations were prepared in present study, made up of natural materials i.e. aloe vera, sandal wood, lemon peel, amla, gram flour and nutmeg. After preparation, different parameters were evaluated in order to meet up the quality standards. The organoleptic evaluation of prepared formulations showed that the pack is smooth and slight smelling powder. The pH of all formulations observed near to neutral range. During irritancy test, formulations F3 showed mild irritation while F1, F2 and F4 do not shows any irritation. The results proved that the face pack formulations F1, F2 and F4 are suitable for its intended use.

Keywords – Herbal, Formulation, Evaluation, Antioxidant, Face pack.

1. INTRODUCTION

Face skin is a major part of the body, which indicates the health of an individual. It is consisting of materials such as amino acids, lipids, and carbohydrates etc. so that a balanced nutrition is required for the skin to keep it clear glossy and healthy.¹

Face pack is the smooth powder which is used for facial application. These preparations are applied on the face in the form of liquid or paste and allowed to dry and set to form film giving tightening, strengthening and cleansing effect to the skin. They are usually left on the skin for ten to twenty-five minutes to allow all the water to evaporate; the resulting film thus contracts and hardens and can easily be removed. The warmth and tightening effect produced by application of face pack produces the stimulating sensation of a rejuvenated face, while the colloidal and adsorption clays used in these preparations remove the dirt and grease from the skin of the face. When the applied face pack is eventually removed skin debris and deposited dirt gets removed with it. Face packs are basically additives delivering some additional benefits. Different types of herbal face packs are used for different types of skin. Herbal face packs are helps to reduce wrinkles, pimples, acne and dark circles. It also increases the fairness and smoothness of skin.² The Natural face packs contain some vital vitamins that are required for the health and glow of our skin. These substances also prove to be beneficial for our skin in many ways. Natural Facial Packs are less complicated and pretty simple to use. They help us in looking after skin and also prove its worthiness by increasing the circulation of the blood


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